

## CURRICULUM VITAE

### NHIAL T. TUTLAM, PHD, MPH

Washington University in St. Louis  
 Brown School  
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#### Education

2017	Ph.D.	Public Health Studies (Epidemiology Concentration). Saint Louis University, Saint Louis, Missouri. Dissertation Research: <i>The Impact of Maternal War Trauma of South Sudanese Women on their Children Born in the United States.</i>
2006	M.P.H.	Epidemiology and Environmental & Occupational Health. Saint Louis University, Saint Louis, Missouri.
2003	B.Sc.	Biology. Tennessee State University, Nashville, Tennessee.

#### Academic Appointments

04/26 – Present	<b>Assistant Professor (Tenure Track)</b> , School of Public Health, Washington University in St. Louis.
08/23 – 03/26	<b>Assistant Professor (Tenure Track)</b> , Brown School at Washington University in St. Louis.
05/23 – Present	<b>Associate Director for Research</b> , International Center for Child Health and Development (ICHAD).
01/23 – 07/23	<b>Research Assistant Professor</b> , Brown School at Washington University in St. Louis.
06/22 – 05/23	<b>ACHIEVE Scholar, Fogarty Global Health Fellows and Scholars Program (D43TW012275)</b> : International Center

for Child Health and Development (ICHAD), Brown School, Washington University in St. Louis.

This is part of NHI - Fogarty International Center's flagship LAUNCH (Launching Future Leaders in Global Health Research Training Program). Under the mentorship of Drs. Fred Ssewamala at Washington University in St. Louis and Drs. Janet Nakigudde and James Mugisha of Makerere University develop and test the feasibility and acceptability of a combination intervention consisting of youth readiness intervention (YRI) and youth economic empowerment (YEE) aimed at improving adherence to HIV medication and mental health outcomes among refugee youth with the goal of writing a larger R01 level proposal to test the effectiveness of the intervention.

05/21 – 05/22

**Postdoctoral Research Associate, LEAD Global Training Program (T37 MD014218):** International Center for Child Health and Development (ICHAD), Brown School, Washington University in St. Louis.

- Under the mentorship of Drs. Fred Ssewamala and Patricia Cavazos-Rehg, I am currently engaged in NIH-funded research projects.

06/20 – 08/20

**Postdoctoral Trainee, LEAD Global Training Program (T37 MD014218):** Brown School, Washington University in St. Louis.

- Under the mentorship of Drs. Fred Ssewamala (Washington University in St. Louis) and Theresa Betancourt (Boston College), I was part of the inaugural cohort of LEAD Global training program aimed at training leaders to accelerate global mental health disparities research.

04/15 – 02/16

**Statistical Data Analyst:** Division of Clinical Research, Department of Obstetrics & Gynecology, Washington University in St. Louis School of Medicine. I was responsible for:

- Management of databases where all the data for all our studies were stored.
- Design of new databases for new studies using REDCap and Microsoft Access.

- Design of studies and best analytic methods to be performed for various studies.
- Performing data analysis for faculty and physicians in training.
- Preparation and review of manuscripts for publication.
- Mentoring and lecturing on data analysis to summer medical students.

08/13 – 08/15

**Graduate Research Assistant:** Department of Epidemiology (Mentor: Dr. Louise Flick, Director of Maternal and Child Health MPH Program).

Responsibilities included:

- Conducting data analysis and management for studies conducted by my mentor.
- Drafting manuscripts and prepared presentations for my mentor.
- Helped supervise the work of a Master of Public Health student who worked with my mentor.
- Teaching assistant for newly developed introductory and intermediate Maternal and Child Health courses.

07/07 – 08/13

**Research Patient Coordinator:** Department of Neurology, Washington University in St. Louis School of Medicine. Responsibilities included:

- Coordinated various clinical research studies.
- Conducted any necessary clinical testing that was necessary for the research studies.
- Performed Magnetic Resonance Imaging (MRI) tests using a novel technique called Diffusion tensor Imaging (DTI).
- Processed images acquired from MRI.
- Created database for imaging data, performed data entry and analysis.
- Contributed to manuscripts for publication.

12/05 – 06/07

**Research Assistant:** Division of Infectious Diseases, Department of Medicine, Washington University in St. Louis School of Medicine. I was responsible for:

- Data collection from research participants and electronic medical records.
- Data entry and analysis.

- Performing literature review as required by the principal investigator.
- Preparation and review of manuscript.
- Preparation of presentations for the principal investigators of the studies I was assigned to.

## **Public Health Practice Experience**

02/16 – 10/21

### **Manager, Chronic Diseases Epidemiology Program:**

Saint Louis County Department of Public Health.

Responsibilities include:

- Design, implement, manage, and evaluate comprehensive chronic disease and mental health surveillance program for the agency and provide scientific support for interventions designed to address relevant public health issues.
- Acting as a resource to all Division Directors and designated program staff to improve/strengthen mission critical data collection, analysis, and interpretation/usage functions.
- Developing and maintaining strong professional collaborations with key partners such as Federal, State, and Local Health Departments, Academic/Research Institutions, Community Based Organizations, Hospital Systems, etc.
- Collaborating, mentoring, and training direct reports and other epidemiologists/biostatisticians in the agency on methods, policies, and procedures for improved disease surveillance and control inclusive of specific data analysis and interpretation skills. Guiding the team in the selection and application of appropriate problem-solving methods techniques; provides advice on work methods, practices, and procedures; and assists the team and individual members in identifying the parameters of viable solutions.
- Recruiting and supervising high quality internships for epidemiology students from local and national institutions.
- Assisting and advising Department Director and Division Directors on the formulation of evidence-based recommendations for interventions to reduce the occurrence of and/or the severity of diseases of public health significance.
- Serving as a team leader, performing a full range of coordinating and supportive duties and

responsibilities and ensuring the work of the team is carried out. Also, personally conduct the most complex of specialized work assignments, establishing priorities, coordinating activities, and resolving related work problems.

- Recommending the amount of personnel resources devoted to particular projects or allocated among program segments. Communicating assignments, projects, problems to be solved, events, milestones, program issues under review, and deadlines and timeframes for completion to the team. Ensuring the scientific validity of team member projects and consult on analyses and conclusions.
- Being a primary participant in the planning and implementation of PHAB Domain documentation selection, the Community Health Assessment, the DOH Performance Management System, the health indicators dashboard, and other products related to the DOH process and application to be nationally accredited. Act as a resource to the department on PHAB-related questions and direction.
- Develop and track annual program budget as well as budgets of other grant funded projects.
- Co-chair of Internal Research Review Committee (IRRC). This team is responsible for reviewing and approving any research proposals submitted to the department either by employees or partners from academic institutions.

07/17 – 10/21

**Project Director:** Minority Youth Violence Prevention II Grant. Project RESTORE (Reconciliation and Empowerment for Tolerance and Race Equity). This is a 4-year \$1.7 million project funded by the Office of Minority Health, a Division of the US Department of Health and Senior Services. Project RESTORE was designated as a Model Practice by the National Association of County and City Health Officials (NACCHO) in May 2020 after a rigorous review. Responsibilities include:

- Overall supervision and guidance of staff working on the project.
- Develop and maintain partnerships with partners on the project including evaluation team from

University of Missouri St. Louis, Southern Illinois University at Carbondale, the St. Louis County Police Department, Police Athletics League, and three school districts of Hazelwood, Normandy and University City.

- Ensure fiscal and programmatic compliance.
- Liaison with US Department of Health and Human Services and Evaluators.
- Promote compliance with evidence-based models.
- Capture, analyze and report data to funders and governing bodies.

10/16 – 12/18

**Project Manager:** St. Louis County Naloxone Use Surveillance project. This is a \$49,000 pilot project funded by the Council of State and Territorial Epidemiologists (CSTE) to establish surveillance of naloxone use by first responders in St. Louis County. Responsibilities included:

- Conceptualization of the overall project.
- Overall supervision and guidance of staff working on the project.
- Developed and maintained partnership with various stakeholders including law enforcement, emergency medical technicians, fire fighters, academic institutions, behavioral health professionals, and other community organizations.
- Ensured fiscal compliance and provided reports to funding agency.

## Teaching Responsibilities

01/20 – Present

Brown School, School of Public Health, Program in Public Health and Society, Washington University in St. Louis.

Responsibilities:

- Spring semester: Teach Epidemiology Methods (S55-5011). This is a required graduate course for MPH students in Epidemiology and Biostatistics concentration.
- Spring semester: Teach Introduction to Global Health (PUBHLTHSOC 2000). This is a required undergraduate course for students in Public Health and Society Program.
- Fall semester: Foundations of Public Health: Epidemiology (S55-5002/PHFN 5000). This course presents fundamentals of epidemiology as a

framework for using evidence-based approaches in addressing population health issues and is required for MPH and MSW students.

- Fall semester: Public Health Seminar I (S55.5910) course for MPH and MSW students that discusses historic and contemporary real-world public health cases.

01/18 – 12/22

**Adjunct Faculty:** Lindenwood University, School of Health Sciences, Public Health Program. Responsibilities:

- Developed and taught the inaugural Chronic Disease Prevention (PHS 38700) course starting in spring 2018. This is an undergraduate course offered in the spring semester for students in their junior and senior year.

08/17 – 12/19

**Adjunct Faculty:** Saint Louis University, College of Arts and Sciences, Department of Sociology and Anthropology; College for Public Health and Social Justice. Teaching responsibilities:

- **Fall semester:** Teach Program/Policy Evaluation (SOC 5850) course in fall semester. This is a graduate course required for students in their first year of the doctoral program.
- **Spring semester:** Teach Translating Evidence and Theory for Community Practice (PUBH 5070). This is a required graduate course for students at the College for Public Health and Social Justice.

### Doctoral/Dissertation Committees

2023 - Present	Ted Liyew, MD	Washington University in St. Louis, School of Public Health, PhD in Public Health Sciences, Committee Chair
2024 - Present	Flavia Namuwonge	Washington University in St. Louis, Brown School, PhD in Social Work, Committee Member
2025 - Present	Melody Konadu Frempong	Washington University in St. Louis, Brown School, PhD in Social Work, Committee Member
2025 - Present	Allan Mugarura	Washington University in St. Louis, McKelvey School of Engineering, PhD Computational and Data Science, Research Advisor

### Students and Trainees Mentored

Full Name	Dates	Level
Stacey Martin, PhD	06/24 – 08/24	Postdoc, LEAD Summer Training Program
Gloria Abura-Meerdink, PhD	07/24 – 06/25	Postdoc, ACHIVE (LAUNCH Global Health Fellow)
Grace Soma, MBBS	07/23 - Present	Postdoc, ACHIVE (LAUNCH Global Health Fellow); PhD Student at University of Washington
Nyabang Buom, PhD	08/24 - Present	Executive Director, Hinds Behavioral Health Services, Global Health Research Mentor
Raymond Atwembembere, MBBS, MPH	08/23 – 05/25	MPH Student, Faculty Advisor
Ewnet Azerefegne, MD	08/23 – 05/25	Dual MPH/MBA Student, Faculty Advisor
Sulaiti Mutebi, MPH	08/23 – 05/25	MPH Student, Faculty Advisor
Bethel Ataro, MD	04/25 – 05/26	MPH Student, Faculty Advisor
Nahom Sisay, MD	08/23 – 05/25	MPH Student, Faculty Adviser
Semere Bekena, MD, MPH	05/23 – 08/23	MPH Student, Practicum Advisor
Peter Kalulu, MPH	01/23 – 05/24	MPH Student, Research Mentor
Peter McCarthy, MD	08/24 - Present	MPH Student, Research Mentor
Liz Byasiima	2024 - 2026	MPH Student, Faculty Adviser
Yosef Chernet, MD	2024 - 2026	MPH Student, Faculty Adviser
Steven Sebide, MBBS	04/25 - Present	MPH Student, Practicum Advisor

### Current Grants

08/23 – 06/27

Resettled Refugee Families for Healing (RRF4H): A Study of the Intergenerational Impact of War Trauma and Resilience – This project, which is part of my K01 Career scientist award, is a type I hybrid effectiveness-implementation trial tests a family strengthening (FS) model delivered through multiple family groups (MFG) combined with a virtual peer mentoring program called TeenAge Health Consultants (Virtual TAHC) aimed at addressing

emotional and behavioral problems among youth born in the U.S. to parents resettled as refugees.

National Institutes of Health (NIH)  
(K01MH131872-01)

\$719,538

Role: Principal Investigator (PI)

08/24 – 07/25

Addressing the Research Capacity Gap in Global Child and Adolescent Health Disparities Utilizing Implementation and Data Sciences among Vulnerable Populations in Resource-limited Settings (ACHIEVE) – administrative supplement to identify research capacity gaps and develop a much-needed research training curriculum focused on intervention research design, implementation, and ethical conduct of research and recruit 30 refugee youth to receive a 12-week structured research capacity building training.

Fogarty International Center (D43TW012275-03S2)

\$149,624

MPIs: Tutlam, Ssewamala, Nabunya, Naseh

Role: Principal Investigator (leading the implementation of the supplement)

02/25 – 01/26

*Refugee Youth HIV Study: Leveraging Existing Study to Generate Data to Advance HIV Research among Refugee Youth* – This project is aimed at leveraging existing work with refugee youth living with HIV in Uganda to collect additional data focused on the preliminary impact of a psychosocial intervention called youth readiness intervention, combined with youth development accounts (YDAs) and financial literacy training (FLT) on both HIV and mental health outcomes among refugee youth living with HIV in three refugee settlements in Uganda.

Midwest Developmental Center for AIDS  
Research (DCFAR)  
\$20,000

Role: Principal Investigator (PI)

04/23 – 03/25

A Pilot Project to Assess the Impact of COVID-19 on the Mental Health of Vulnerable Refugee Youth Living in Refugee Settlements Compared to Refugee Youth Residing in Urban Centers in Uganda – This project seeks to examine the differential impact of the COVID-19 pandemic on refugee youth living in refugee settlements and those in urban centers (Arua town). Additionally, the project will test the feasibility and acceptability of the youth readiness intervention (YRI) combined with youth economic empowerment consisting of youth development accounts (YDA) and financial literacy training (FLT).

Brown School,

\$100,000

Role: Principal Investigator (PI)

04/23 – 03/25

Investigating the Youth Readiness Intervention Integrated within Youth Economic Empowerment (YRI+YEE) to Improve Trauma-Associated Psychological Distress among South Sudanese Youth – This study seeks to adapt the youth readiness intervention (YRI) combined with youth economic empowerment (YEE) and test its preliminary impact on the mental health outcomes of South Sudanese youth affected by conflict.

Grand Challenges Canada (GCC)

\$250,000 (Canadian Dollars)

Role: Principal Investigator (PI)

### **Completed Grants**

08/22 – 07/24

Suubi+Adherence-R2: Examining the longitudinal HIV treatment adherence among

06/22 – 05/23	<p><u>youth living with HIV (YLHIV) transitioning into young adulthood</u> – Administrative supplement to enhance inclusion of the target population by recruiting refugee youth living with HIV (RYLHIV) in Uganda National Institutes of Health (NIH) (R01HD074949-09S1) \$546,614 MPIs: Ssewamala, Nabunya, Sensoy Bahar Role: Co-Investigator (leading the implementation of the supplement)</p>
03/23 – 02/24	<p><u>Addressing the Mental Health Impact of Conflict and HIV Risk among Children and Youth in Flight Setting</u> – Funded through Addressing the Research Capacity Gap in Global Child, Adolescent &amp; Family Health Disparities Utilizing Implementation and Data Sciences among Vulnerable Populations in Resource-limited Settings (ACHIEVE) Training program NIH/FIC D43 TW012275 \$10,000 MPIs: Ssewamala, McKay Role: Fogarty Global Health Fellow (Trainee)</p>
07/17 – 10/21	<p><u>A Pilot Study to Examine the Feasibility and Acceptability of a Combination Intervention to Address HIV Risk and Treatment Adherence and Mental Health Outcomes among Refugee Youth Living with HIV in Uganda.</u> McDonnell International Scholars Academy and Global Health Center, Global Health Grant \$22,500 Role: Lead Principal Investigator (PI)</p>
07/17 – 10/21	<p><u>Minority Youth Violence Prevention II: Project RESTORE (Reconciliation and Empowerment for Tolerance and Race Equity).</u> Project RESTORE is a collaborative partnership among public health, public schools, institutions of higher learning and</p>

police formed to plan, implement and evaluate a series of coordinated multidisciplinary interventions tailored for minority, at-risk youth that improve academic, disciplinary and health-related protective factors and reduce risk factors for violent behaviors among participating youth.  
Office of Minority Health (OMH)  
(YEMP170097)  
\$1, 700,000  
Role: Project Director

10/16 – 12/18

St. Louis County Naloxone Use Surveillance Project. This is a pilot project funded by the Council of State and Territorial Epidemiologists (CSTE) to establish surveillance of naloxone use by first responders in St. Louis County.  
CDC/Council of State and Territorial Epidemiologists (CSTE)  
\$49,000  
Role: Project Lead/Project Manager

## Publications

### A. Peer Reviewed articles

1. Sharma, N, Dajani, R, Tofail, F, Black, C, **Tutlam, NT**, and Bhutta, ZA. (2026). Long term effects of childhood exposure to violence in fragile and conflict affected settings. *BMJ*, 392.
2. **Tutlam NT**, Liyew TW, Betancourt TS, Powell BJ, Guo S, McKay MM, and Ssewamala FM. (2025). Resettled Refugee Families for Healing (RRF4H) Study Protocol: a type I effectiveness-implementation randomized controlled trial to address intergenerational impact of war trauma and resilience among second generation refugee children in the United States. *BMJ Open*, 12 (10), e108824.
3. **Tutlam NT**, Kizito S, Nabunya P, Naseh M, Nabbosa I, Kwesiga I, Namatovu P, Sensoy Bahar O, Nakasujja N, and Ssewamala FM. (2025). Social Determinants of Mental Health Outcomes among Refugee Youth Living with HIV in Refugee Settlements in Uganda: A Cross-sectional Analysis. *AIDS and Behavior*, 1 – 12.
4. **Tutlam NT**, Buom, N, Kizito S, and Abdalla, S. (2025). The Triple Crisis of Suicide, Drug and Alcohol Overdose, and Violence among Refugee Youth Resettled in High-Income Countries. *The Lancet*, 405(10490), 1661-1662.

5. **Tutlam NT**, Nabunya P, Kizito S, Migadde H, Ssentumbwe V, Namuwonge F, Najjuuko C, Mugisha H, Sensoy Bahar O, Mwebembezi A, and Ssewamala FM. (2025). The Impact of Group-Based Interventions on Emotional and Behavioral Difficulties among Adolescents Living with HIV: The Suubi4Stigma Cluster Randomized Controlled Trial. *Journal of Child and Family Studies*, 1 – 9.
6. Namuwonge F, Ssentumbwe V, Kizito S, Namatovu P, Namuli F, **Tutlam NT**, Nabunya P, Ssewamala FM. (2025). Exploring the Association of Body Mass Index and Dysmenorrhea in Adolescent Girls in Uganda. *Women's Reproductive Health*, 1-5. <https://doi.org/10.1080/23293691.2025.2530617>
7. Namuwonge F, Kizito S, Ssentumbwe V, Namatovu P, Namuli F, **Tutlam NT**, Nabunya P, Ssewamala FM. (2025). Culture, self-esteem and menstrual hygiene management among adolescent girls in Uganda: the impact of economic and family strengthening. *BMC Women's Health*, 25 (1), 1-14.
8. Sharma N, Dajani R, Tofail F, Black C, **Tutlam NT**, Bhutta ZA. (2025). Childhood exposure to violence and conflict: impact on mental health, developmental and long-term outcomes in polycrisis. *BMC Open*, (Invited Paper, Under Review).
9. **Tutlam NT**, Kizito S, Nabunya P, Brathwaite R, Sensoy Bahar O, Namuwonge F, Nattabi J, and Ssewamala FM. (2025). Examining Caregivers' Mental Health Impact on Emotional and Behavioral Difficulties of AIDS Orphaned Adolescents: A Hierarchical Regression Analysis. *Global Social Welfare*, (Special Issue, Under Review).
10. Kizito S, Ssewamala FM, Nabunya P, **Tutlam NT**, and Mutumba M. (2025). Alcohol Use Disorder in People Living with HIV: A Narrative Review. *The Lancet*, (Invited Paper, Revise and Resubmit).
11. Namuwonge F, Kizito S, Ssentumbwe V, **Tutlam NT**, Nabunya P, and Ssewamala FM. (2025). Beyond the Cycle: Investigating the Relationship between Menstrual Hygiene Factors, Family Economic Stability, and Depression. *International Journal of Women's Health*, (Under Review).
12. **Tutlam NT**, Kizito S, Nakasujja N, Nabunya P, Kabarambi A, Kwesiga I, Tumusiime C, Namatovu P, Sensoy Bahar O, and Ssewamala FM. (2024). Low HIV Viral Load Suppression and Its Implications for Controlling HIV among Refugee Adolescents and Youth Living in Refugee Settlements in Uganda: A Cross-sectional Analysis. *AIDS and Behavior: 1 - 10*.
13. **Tutlam NT**, Kizito S, Liyew TW, and Ssewamala FM. (2024). HIV among Refugee Youth in Uganda: Unmasking the Crisis. *The Lancet*, 403(10436), 1536-1537.
14. Brathwaite R, Namuwonge F, Magorokosho N, **Tutlam NT**, Neilands TB, Namirembe R, Ssentumbwe V, Ssewamala FM. (2024). Impact of Economic and Family Intervention on

- Adolescent Girls' Education Performance, School Absenteeism and Behavior in School: the Suubi4Her Study. *Journal of Adolescent Health*, 74 (2), 340-349.
15. Governor, SB, Effah, WO, Ntajal, J, Nartey, CNO, Voytovych, V, Sam, H, Ulanja, MB, **Tutlam, NT**, and Otchere, P. (2024). Geographical Mapping of COVID-19 Testing Rates in St. Louis: Influence of the Socioeconomic Index and Race on Testing in the Early Phase and Peak of the COVID-19 Pandemic. *COVID*, 4(9), 1463-1475.
  16. Brathwaite R, Magorokosho N, Namuwonge F, **Tutlam NT**, Neilands TB, McKay MM, Ssewamala FM. (2023). Typology and Correlates of Parental Stress among Caregivers of Children with Disruptive Behavior Disorder in Low-Resource Communities in Uganda. *PLOS Global Public Health*, 3(8), e0002306.
  17. **Tutlam, NT**, Filiatreau LM, Byansi, W, Barthwaite, R, Nabunya, P, Sensoy Bahar, O, Ssewamala, F. (2023). The Impact of Economic Empowerment Intervention on Psychological Difficulties and Prosocial Behavior among AIDS-Orphaned Children in Southern Uganda. *Journal of Adolescent Health*, 72(5), S51-S58.
  18. Filiatreau LM, **Tutlam, NT**, Barthwaite, R, Byansi, W, Sensoy Bahar, O, Nabunya, P, Namuwonge, F, Cavazos-Rehg, P and Ssewamala, F. (2022). Effects of Economic Empowerment and family Strengthening Intervention on Psychological Well-being among Ugandan Adolescent Girls and Young Women: Analysis of a Cluster Randomized Controlled Trial (Suubu4Her). *Journal of Adolescent Health*, 72 (5), S33-S40.
  19. **Tutlam, NT**, Chang, JJ, Byansi, W, Flick, LH, Ssewamala, FM, and Betancourt, TS. (2022). War-Affected South Sudanese in Settings of Preflight, Flight, and Resettlement: A Systematic Review and Meta-Analysis of Trauma-Associated Mental Disorders. *Global Social Welfare*. <https://doi.org/10.1007/s40609-022-00227-w>
  20. **Tutlam, NT**, Flick, LH, Xian, H, Matsuo, H, Tutdeal, N and Glowinski, A. (2022). Emotional and Behavioral Disorders Among US-Born Children of South Sudanese Parents Resettled as Refugees. *Global Social Welfare*. <https://doi.org/10.1007/s40609-022-00228-9>
  21. Osazuwa-Peters N, Polednik KM, **Tutlam NT**, Tait R, Scherrer J, Barnes JM, Schootman M, Adjei BE. (2021). Depression, Chronic Pain, and High-impact Chronic Pain among Cancer Survivors. *J Clin Oncol*, 39 (15\_suppl): 12085-12085.
  22. **Tutlam, NT**, Flick, LH, Xian, H, Matsuo, H, Glowinski, A, Tutdeal, N. (2020). Trauma-Associated Psychiatric Disorders Among South Sudanese Dinka and Nuer Women Resettled in the USA. *Global Social Welfare*. <https://doi.org/10.1007/s40609-020-00171-7>
  23. **Tutlam, NT**, Wang E, Bukatko A, Chapman O. (2019). Disparities in Mental Disorders in the St. Louis Region. *Missouri Family Physician*, 33 (4): 19 – 21.
  24. Kret J, Dalidowitz Dame, L, **Tutlam NT**, DeClue RW, Schmidt S, Donaldson K, Lewis R, Rigdon SE, Davis S, Zelicoff A, King C, Wang Y, Patrick S, Khan F (2018). A respiratory

- survey for a subsurface smoldering landfill. *Journal of Environmental Research*, 166: 427 – 436.
25. Wolfe MB, Biest S, **Tutlam NT**, Woolfolk C, & Winner B. (2018). Preoperative Factors That Predict the Need to Morcellate in Total Laparoscopic Hysterectomy. *Journal of Minimally Invasive Gynecology*, 23(7), S47-S48.
  26. **Tutlam NT**, Liu Y, Nelson E J, Flick LH, & Chang JJ. (2017). The Effects of Race and Ethnicity on the Risk of Large-for-Gestational-Age Newborns in Women Without Gestational Diabetes by Prepregnancy Body Mass Index Categories. *Maternal and Child Health Journal*, 1-12.
  27. Longbrake EE, Lancia S, **Tutlam NT**, Trinkaus K, & Naismith, RT. (2016). Quantitative visual tests after poorly recovered optic neuritis due to multiple sclerosis. *Multiple Sclerosis and Related Disorders*, 10, 198-203.
  28. Frisse AC, Marrazzo JM, **Tutlam NT**, Schreiber CA, Teal SB, Turok DK, & Peipert JF. (2016). Validity of Self-Reported History of Chlamydia trachomatis Infection. *American Journal of Obstetrics and Gynecology*.
  29. Bergeron L, Bishop K, Hoefgen H, Abraham M, **Tutlam N**, Merritt DF, and Peipert JF. (2016), Management of Benign Adnexal Masses in the Pediatric/Adolescent Population. *Journal of Pediatric and Adolescent Gynecology*, 29.2: 180.
  30. Boozalis A, **Tutlam NT**, Chrisman Robins C, Peipert JF. (2016). Sexual Desire and Hormonal Contraception. *Obstet Gynecol*, 127: 1 – 11.
  31. Osazuwa-Peters, Nosayaba, and **Nhial T. Tutlam**. (2016). Knowledge and risk perception of oral cavity and oropharyngeal cancer among non-medical university students. *Journal of Otolaryngology-Head & Neck Surgery*, 45.1: 1.
  32. Osazuwa-Peters N, Lopez J, Rice S, **Tutlam NT**, Tokarz S and Varvares M. (2015). No change in physician discussions with patients about the human papillomavirus vaccine between 2007 and 2013. *Journal of Cancer Policy* 5, 18-22.
  33. Naismith RT, **Tutlam NT**, Xu J, Klawiter EC, Shepherd JB, Trinkaus K, Song SK, Cross AH. (2009). Optical coherence tomography differs in neuromyelitis optica compared with multiple sclerosis. *Neurology*, 72: 1077-1082.
  34. Naismith RT, **Tutlam NT**, Xu J, Shepherd JB, Klawiter EC, Song SK, Cross AH. (2009). Optical coherence tomography is less sensitive than visual evoked potentials in optic neuritis. *Neurology*, 73:53-58.
  35. Naismith RT, **Tutlam NT**, Weihl CC, Shepherd J, Cross AH. (2009). Acute and bilateral blindness due to optic neuropathy associated with copper deficiency. *Arch Neurol*, 66(8):1025-1027.

36. Naismith RT, Xu J, **Tutlam NT**, Snyder A, Benzinger T, Shimony J, Shepherd J, Trinkaus K, Cross AH, Song SK. (2009). Disability in optic neuritis correlates with diffusion tensor-derived directional diffusivities. *Neurology*, 72; 589-594.
37. Naismith RT, Piccio LP, **Tutlam NT**, Lauber J, Trinkaus K, Parks BJ, Song SK, Cross AH. (2010). Rituximab add-on therapy for breakthrough relapsing multiple sclerosis: a 52-week phase II trial: *Neurology*, 74:1860-1867.
38. Naismith RT, Xu J, **Tutlam NT**, Trinkaus K, Cross AH, Song SK. (2010). Radial diffusivity in remote optic neuritis discriminates visual outcomes: *Neurology*, 74: 1702-1710.
39. Naismith RT, Xu J, **Tutlam NT**, Scully P, Snyder A, Trinkaus K, Song SK, Cross AH. (2010). Increased diffusivity in acute multiple sclerosis lesions predicts risk of black hole. *Neurology*, 74; 1694-1701.
40. Krauss MJ, **Tutlam NT**, Constantinou E, Johnson S, Jackson DM, and Fraser VJ. (2008). Intervention to prevent falls on the medical service in a teaching hospital. *Infection Control and Hospital Epidemiology*, 29(6): 539-545.
41. Woeltje KF, Butler AM, Goris AJ, **Tutlam NT**, Doherty JA, Westover MB, Ferris V, and Bailey TC. (2008). Automated surveillance for central line-associated bloodstream infection in intensive care units. *Infection Control and Hospital Epidemiology*, 29 (9): 842-846.

## B. Reports

1. **Tutlam NT**, Kelsey D, Hutti E, Adams C, and Wang E. Leading Causes of Death Profile, St. Louis County Missouri. Chronic Disease Epidemiology (CDE) program profile, no 10. St. Louis County, MO: Department of Public Health. October 2021.
2. Chapman O, Wang E, Bukatko A, Torgerson A, Varner E, Yin X, **Tutlam N**. Maternal and Child Health Profile, St. Louis County Missouri. Chronic Disease Epidemiology (CDE) program profile, no 1. St. Louis County, MO: Department of Public Health. October 2019.
3. Chapman OA, Kret JE, Wang, E, Bukatko, A, **Tutlam NT**. Asthma Profile, St. Louis County Missouri. Chronic Disease Epidemiology (CDE) program profile. St. Louis County, MO: Department of Public Health. August 2019.
4. Wang E, Bukatko A, **Tutlam NT**. Mental Disorders Profile, St. Louis County, Missouri. Chronic Disease Epidemiology (CDE) program profile, St. Louis County, MO: Department of Public Health. May 2019.
5. **Tutlam NT**, Kret JE, Dalidowitz DL, Wang Y, Bukatko A. Cancer Profile, St. Louis County Missouri. Chronic Disease Epidemiology (CDE) program profile., no 8. St. Louis County, MO: Department of Public Health. March 2019.

6. Dalidowitz Dame L, **Tutlam NT**, Cohen R, Kret J, Wang E. Drug overdose deaths, St. Louis County, Missouri. Chronic Disease Epidemiology (CDE) program, no 7. St. Louis County, MO: Department of Public Health. February 2018.
7. Kret JE, **Tutlam NT**, Dalidowitz Dame L, Wang E. Leading Causes of Death Profile, St. Louis County, Missouri. Chronic Disease Epidemiology (CDE) program profile, no 6. St. Louis County, MO: Department of Public Health. February 2018.
8. **Tutlam NT**, Kret JE, Dalidowitz Dame L, Wang Y, DeClue RW. Emergency Departments Visit Profile, St. Louis County, Missouri. Chronic Disease Epidemiology (CDE) program profile, no 5. St. Louis County, MO: Department of Public Health. Sept 2017.
9. Kret JE, Dalidowitz Dame L, **Tutlam NT**. Asthma Profile, St. Louis County, Missouri. Chronic Disease Epidemiology (CDE) program profile, no 4. St. Louis County, MO: Department of Public Health. May 2017.

### C. Abstracts and Conference Presentations

1. **Tutlam NT**, Nabunya P, Kizito S, Migadde H, Ssentumbwe V, Namuwonge F, Najjuuko C, Mugisha J, Sensoy Bahar O, Mwebembezi A, and Ssewamala FM. The Impact of Group-Based Interventions on Emotional and Behavioral Difficulties among Adolescents Living with HIV at the Consortium of Universities for Global Health (CUGH) Annual Conference, March 7 – 10, 2024, Los Angeles, CA.
2. **Tutlam NT**, Nabunya P, Kizito S, Migadde H, Ssentumbwe V, Namuwonge F, Najjuuko C, Mugisha J, Sensoy Bahar O, Mwebembezi A, and Ssewamala FM. Association Between Stigma and Emotional and Behavioral Difficulties and Impact of Two Evidence-Based Interventions on EBDs among Adolescents Living with HIV in Southern Uganda: The Suubi4Stigma Pilot Study at the Society for Social Work Research (SSWR) Annual Conference, Jan 10 – 14, 2024, Washington, DC.
3. **Tutlam NT**, Byansi W, Brathwaite, R, Nabunya, P, Sensoy Bahar, O, Namuwonge, F, Nattabi, J, Ssewamala FM. The Prevalence and Associated Risk and Protective Factors of Psychological Difficulties among Children Orphaned and Made Vulnerable by HIV/AIDS in southern Uganda at the Society for Social Work Research (SSWR) Annual Conference, Jan 11 – 15, 2023, Phoenix, AZ.
4. **Tutlam NT**, Chapman, O, Bukatko A, and Wang Y. Wide Disparities in Infant Mortality Exist in St. Louis County. Chronic Disease/MCH/Oral Health, Breakout Session Oral Presentation at the 2019 Annual Conference of the Council of State and Territorial Epidemiologists (CSTE), June 2 – 6, 2019, Raleigh, NC.
5. **Tutlam NT**, Beltran S, Dame L, Kret J, and Wang Y. Assessing the prevalence of obesity in St. Louis County using DMV data. Poster presentation at the American Public Health Association (APHA) Annual Conference, November 10 – 14, 2018, San Diego, CA.
6. **Tutlam NT**, Flick LH, Cook CL, Bucholz K, Glowinski A, Tenkku L. Alcohol use in pregnancy and prevalence of psychiatric disorders. Poster presentation. Maternal and

Child Health Symposium at the 2018 Annual Conference of the Council of State and Territorial Epidemiologists (CSTE), June 9 – 14, 108, West Palm Beach, FL.

7. **Tutlam NT**, Street K, Dalidowitz, L, Kret J. Surveillance of Naloxone Use Based on Reports from Emergency First Responders in St. Louis County. Oral Presentation at the Council of State and Territorial Epidemiologists (CSTE) Annual Conference, June 4 – 8, 2017, Boise, ID.
8. **Tutlam NT**, Kret J, Dalidowitz L, Donaldson K, Schmidt S, DeClue R, Patrick S, and Khan F. Community Respiratory Health Survey to Compare Residents near Bridgeton Landfill and Matched Populations in St. Louis County, Missouri. Oral Presentation at American Public Health Association (APHA) Annual Conference, October 31 – Nov 4, 2016, Denver, CO.
9. **Tutlam NT**, Flick LH, Cook CL, Bucholz K, Glowinski A, Tenkku L. Alcohol use in pregnancy and prevalence of psychiatric disorders. Poster presentation. College of Public Health & Social Justice Doctoral Students Symposium, November 2014.
10. Flick LH, **Tutlam NT**, Cook CL, Bucholz K, Glowinski A, Tenkku Lepper L. Self-reported alcohol use in pregnancy: Validation by reporting method. MCH Epi Conference. Oral presentation. Phoenix, AZ, September 2014.
11. **Tutlam NT**, Flick LH, Cook CL, Bucholz K, Glowinski A, Tenkku L. Alcohol use in pregnancy and prevalence of psychiatric disorders. Oral presentation. Saint Louis University GSA Symposium, April 2014.
12. Naismith RT, Xu J, **Tutlam NT**, Trinkaus K, Song SK, Cross AH. Increased Diffusivity in Acute MS Lesions Predicts Risk for Black Hole Progression. ECTRIMS Dusseldorf 2009.
13. Naismith RT, Xu J, **Tutlam NT**, Cross AH, Song SK. Increased radial diffusivity in remote optic neuritis discriminates clinical visual outcomes. ECTRIMS Dusseldorf 2009.
14. Naismith RT, Xu J, **Tutlam NT**, Trinkaus K, Song SK, Cross AH. Diffusion Tensor imaging predicts severe tissue injury in acute MS lesions. Platform Presentation. ACTRIMS Atlanta 2009.
15. Naismith RT, Xu J, **Tutlam NT**, Cross AH, Song SK. Diffusion tensor imaging detects clinical and structural alterations in optic neuritis. ACTRIMS 2008, Montreal.

#### **D. Invited Presentations/Lectures and Workshops.**

1. **Tutlam, NT**. (March 2024). Extending Evidence-Based Interventions to Refugee Youth Impacted by HIV and Conflict Residing in Refugee Settlements in Uganda. Lecture presented at the Consortium of Universities for Global Health (CUGH) Annual Conference as part of Fogarty Global Health/LAUNCH Fellows alumni session in Los Angeles, CA.

2. **Tutlam, NT.** (February 2024). Impact of war/political conflict on the health of children. Lecture delivered in the International Child Welfare course at the Brown School at Washington University in St. Louis.
3. **Tutlam, NT.** (January 2024). Epidemiology and mental health: Understanding public health data. Lecture represented at graduate counseling course in the department of professional counseling at Webster University, St. Louis Campus.
4. **Tutlam, NT.** (November 2023). Pulling it all together: application of research methods in program planning, implementation and evaluation and dissemination and communication in public health. Lecture delivered in Planning, Implementation, and Evaluation Evidence-Based Programs and Interventions (PIE) course at the Brown School at Washington University in St. Louis.
5. **Tutlam, NT.** (November 2023). Addressing the intergenerational impact of war trauma on the mental health of children from refugee families resettled in the United States and those living in refugee camps in sub-Saharan Africa. Lecture presented in Policy and Program Evaluation course offered to doctoral students in the department of sociology and anthropology, Saint Louis University.
6. **Tutlam, NT.** (November 2023). Conflict and Complex Emergencies: Interventions to address mental health impact of war trauma among youth from refugee families resettled in the U.S. and those living in refugee settlements in northern Uganda. Lecture presented in the Global Health course at the Brown School at Washington University in St. Louis.
7. **Tutlam, NT.** (October 2023). From local public health practice to academia addressing important mental health challenges among conflict-affected populations in the US and global context. Lecture presented in PhD professional development course at College for Public Health and Social Justice, Saint Louis University.
8. **Tutlam, NT.** (September 2023). Theory-informed interventions to address the mental health impact of war trauma among children from refugee families resettled in the United States and those living in refugee camps in sub-Saharan Africa. Lecture presented in Introduction to Advanced Research (PhD Course) at the Brown School at Washington University in St. Louis.
9. **Tutlam, NT.** (September 2023). Interventions to address mental health impact of war trauma among youth from refugee families resettled in the United States and those living in refugee settlements in northern Uganda. Lecture delivered at Brown School fall semester public health speaker series.
10. **Tutlam, NT.** (July 2023). Methodology Workshop: Writing a winning NIH specific aims page. Fogarty International Center methodology workshop for incoming global health/LAUNCH fellows, Washington, DC.
11. **Tutlam NT.** (June 2023). Writing a career development (K) grant. Workshop delivered to trainees in four ICHAD-led NIH-funded training programs including ACHIEVE, CHIL-GRF, LEAD, and RRT, Masaka, Uganda.

12. **Tutlam, NT.** (May 2023). Addressing mental health impact of conflict and HIV risk among refugee youth in Uganda. Lecture delivered at Research Symposium for Fogarty Global Health Fellows working in East Africa, Dar es Salaam, Tanzania.
13. **Tutlam, NT.** (April 2023). Protection of women and children in humanitarian response: mental health challenges among refugees. Lecture delivered Protection of Women and Children in Humanitarian response course at the Brown School at Washington University in St. Louis.
14. **Tutlam, NT.** (February 2023). Impact of war/political conflict on the health of children. Lecture delivered in the International Child Welfare course at the Brown School at Washington University in St. Louis.
15. **Tutlam, NT.** (November 2017). “First Generation” Resettled Refugees: A look at health issues, experiences and expectations. Lecture delivered at Omaha Children’s Hospital to nurses and other healthcare professionals working with resettled refugees.

#### E. Book

1. **Tutlam, NT.** (2013). *Liberation of South Sudan One Patient at a Time: The Life of Dr. Timothy T. Tutlam.* Bloomington, IN: Xlibris.

#### Awards and Activities

2025	Recipient of the 2025 Provost’s Research Excellence Award, Washington University in St. Louis
2022	Recipient of the Overall Leadership Award in the Fogarty Global Health Fellowship (ACHIEVE) Training Program for demonstrating cross-program outstanding leadership, collaboration, and research excellence during the 2022 Summer Research Training.
2020	Recipient of the Aetna Award for Excellence in Research on Older Women and Public Health for study entitled “ <i>Wide Disparities in Breast Cancer Incidence and Mortality Exist by Important Sociodemographic Factors in St. Louis County, Missouri</i> ” at the 2020 APHA Annual Meeting and Expo.
2014	Recipient of the 2014 Mary Gumble Levy Award, awarded to outstanding doctoral student who has demonstrated excellence in teaching and research.
2013 – 2019	Secretary, Tumaini African Association.
2013 – 2015	GSA Representative, Public Health Doctoral Student Association.
2008 –	Board Member and director of health programs, Dr. Timothy T. Tutlam Foundation.

2006 –	Board Member, Research & Development Co-Chair, Pan-African Organization for Health, Research and Education (POHER).
2005 – 2006	Member of American Industrial Hygiene Association.
2001 – 2006	Board member, Self-Development of People Project of Sudanese American Presbyterian Church.
2002 – 2004	Member of student National Medical Association.
2002 – 2003	Secretary General of South Sudanese Students Union.
2002 – 2003	Volunteer for TSU New Students Development Program.
2001 – 2003	TSU Dean's List.
2001 – 2003	The National Dean's List.
2001 – 2002	Public Relations Officer of African Students Association at TSU.

### **Professional Associations**

2023 –	Member, Academy Health
2022 –	Member, Society for Social Work Research (SSWR)
2016 –	Member, American Public Health Association (APHA).
2016 – 2021	Member, Council of State and Territorial Epidemiologists (CSTE).

### **Peer Reviewer**

Global Social Welfare  
 BMC Psychiatry  
 Journal of Traumatic Stress  
 Cambridge Prisms: Global Mental Health  
 Maternal and Child Health Journal

### **University Service**

2023 –	PHS Doctoral Subcommittee
2023 –	SW PhD Admissions Committee
2023	Subcommittee to design Foundations in Public Health course for the new interdisciplinary public health undergraduate major (Committee members: Diana Parra Perez; EA Quinn; and Nhial T. Tutlam)

### **Computer Literacy**

1. Good working knowledge of Microsoft Word, Excel, PowerPoint, Geographic Information System (ArcGIS), SPSS, SAS, EpiInfo 7.
2. Currently learning R Program and STATA.

